

Men's Tops and Bottom's size guide

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These are approximate measurements of the actual garments. Please compare with the measurements of some of your other underclothing if you are unsure of size. Some stretch is built in to all sizes.

MEN'S LONG PANTS		
SIZE	(E) INSIDE LEG LENGTH (cm)	(D) 1/2 WAIST BREADTH (cm)
Small	71	36
Medium	73.5	38
Large	76	40
Xlarge	78.5	42
XXLarge	81	44



MEN'S SHIRT AND T-SHIRT			
SIZE	(A) SLEEVE LENGTH (cm)	(B) 1/2 CHEST BREADTH (cm)	(C) SHOULDER POINT TO BOTTOM LENGTH (cm)
	SHIRT	SHIRT AND T-SHIRT	SHIRT AND T-SHIRT
Small	62	46	68
Medium	64	48.5	70.5
Large	66	51	73
Xlarge	68	53.5	75.5
XXLarge	70	56	78



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